



NEWSLETTER

We are very pleased to inform you that the Care4You4Others project has reached another important milestone – the project completion. Thanks to the excellent collaboration of the project partners and participants, we have successfully achieved all project goals.

Project outcomes successfully implemented

All planned outcomes of the Care4You4Others project have been successfully completed. We are particularly proud of the comprehensive online learning course, which helps caregivers strengthen their resilience.

Successful completion of the pilot phase

Our pilot phase was successfully conducted, and the valuable feedback from the participating caregivers has been incorporated into the final version of the learning course. The feedback was extremely positive and helped us make the course even more practical and effective.

Free online learning course now available

The Care4You4Others online learning course is now available in English, German, Spanish, and Italian on our learning platform. Additionally, we are offering an open Word file on our website, enabling the course to be translated into other languages. This way, even more caregivers worldwide can benefit from our program.

Resilience exercises as set cards for download

In addition to the learning course, we also offer accompanying set cards that contain valuable resilience exercises. These are available for free download on our website and help caregivers strengthen their personal resilience in everyday life.

Free availability of all project outcomes

All of our project outcomes, including the online learning course and set cards, will remain available for free on our website. It is important to us that caregivers everywhere have access to these valuable resources.

Visit us at www.care4you4others.eu and discover our offerings!